Identity Statement

To provide a school community that draws on the traditions of the Brigidine Order, that celebrates life, reaches out to others and actively cares for our world.

Vision Statements

- We are immersed in and challenged by the Gospel values of Jesus, which permeate every aspect of our school life.
- A strong sense of belonging and community is nurtured and extended into the faith community and the wider community.
- Quality teaching and learning experiences are operating in all areas of learning so that the potential of each person is developed and challenged.
- The rights and dignity of all members of the school community are recognised, acknowledged and developed and extended to the care of the world in which we live.

Mission Statements

Because we believe these we will:

- Provide an environment in which students are treated as individuals and are encouraged to develop a love of and interest in learning, a sense of wonder and a sense of her/his own worth.
- Develop an understanding that relationships are based on self-discipline, respect and love for others.
- Promote an atmosphere of joy and a sense of fun in students by celebrating achievements and various facets of their lives.
- Involve parents and other people in the wider community to work with teachers, to enrich, extend and support our learning experiences.
- Evaluate all areas of the curriculum systematically to ensure that the best possible programs, skills and resources are being provided.

Graduate Outcomes

We endeavour to create graduates who will:

- Have a dynamic faith
- Be committed to social justice
- Be environmentally aware
- Develop and sustain loving relationships
- Be life-long learners
- Realise their potential
- Be creative problem-solvers
- Be resilient, confident and independent
- Be respectful
- Have courage and integrity
- Be self-aware
- Enjoy their experiences
**PE and Health Policy**

**Physical, Personal & Social Learning:**

**Physical Education & Health**

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**Basic beliefs**

- Children in schools can be empowered by teachers to be active.
- Through Physical Education and Health students can develop knowledge and skills related to physical activity, nutrition and social development.
- The development of confidence and competence in basic motor skills will enhance participation in a wide variety of physical activities.
- Children’s performance at school will be enhanced by engaging in regular physical activity.
- Children’s self esteem will be enhanced by engaging in regular physical activity.

**Aims**

- To develop intellectual, motor and manipulative skills needed to optimise competence and safe participation in physical activities.
- To develop positive attitudes, values and behaviours towards physical activity.
- To acquire and apply knowledge about physical health, growth and development, aesthetics and social development.
- Through a broad range of Physical Education activities, children’s ability to develop skills will be enhanced.
- For all students to experience a sense of accomplishment in physical activity.
- For students to develop an understanding that human relationships encompass the whole person: intellectual, ethical, physical, social, emotional and spiritual.
- For students to appreciate and value difference and diversity.
- To develop, maintain and understand a level of fitness is essential for a healthy lifestyle.
- To promote safe play both inside and outside the school grounds.
Agreed Major Teaching and Learning Strategies

- All lessons will provide maximum participation by students in a variety of situations, groupings and sports.
- Activities will provide fun and enjoyment and a measure of success for students of all abilities.
- Each lesson will provide opportunities for skill development and good sporting behaviours.
- The school will embrace Bluearth philosophy to be active, learn, reflect and enjoy physical activity.

Organisation

- At least two (2) one hour (60 min) Physical Education or Bluearth lessons to be taught by the classroom teacher each week.
- A swimming program held in Term Four (Year 3 to Year 6) at YMCA (Barr Reserve) and (Foundation to Year 2) at Moore Than Swimming.
- Athletics days to be held with Our Lady’s Primary and St. Bernard’s Primary (Year 3 – Year 6) at alternate venues.
- Involvement with Life Education Van (alternate years).
- Presentation pathway; Teacher pathway and Student pathway involvement with Life Relationships (Year 5 - 6), alternate years.
- Opportunities for students to be selected for state and regional teams i.e. athletics, cricket, hockey.
- Interschool Sports to be held in Term Two (Football/Netball).
**Planning**

- Individual teachers are responsible for planning all PE/Bluearth activities, as well as integrating into other areas of the curriculum.

- Planning for combined activities with St Bernard’s and Our Lady’s Schools is undertaken in consultation with the Physical Education Coordinator of each school.

- Physical Education Coordinator will organise all representative opportunities for students through Victorian Primary School Sports Association (VPSSA) trials and events.

- The Physical Education Coordinator responds to and invites other organisations to conduct training and education programs at the school.

- Sports captains are elected/appointed in Year 6 each semester.

- Sports Captains will organise the Twilight Sports in consultation with the Physical Education Coordinator. *This is a whole school athletics and games evening that is held in Semester 2 (Term 4).*

- Life Education Van to be booked for all classes, in alternating years.

- Life Relationships to be held on a two year cycle (odd years).

- There is a whole school approach to the development of nutritional awareness.

- Whole School Cross Country (3-6 Regional Cross Country).

- Jump Rope For Heart to be held in Term 3.

- Teacher versus student events to be held on a termly basis including sports such as netball, football and basketball.

- Footy Colours Day to raise funds for local charities.

**Resources:**

**Core (Curriculum) Planning Resources**

1. AusVELS
2. Bluearth Discovery Manual and Website
3. Life Education Documents
4. Life Relationship Documents

**Evaluation**

Policy Code: Curr-PE &HP  
To be Reviewed: 2018  
Rated: / / 2015
Teacher observation and recording of:

- Participation
- Development of motor skills
- Attitude to physical activity and personal wellbeing
- Development of identity

**Monitoring Program Implementation & Policy Development**

- Stocktaking of Physical Education equipment; ensure all sporting equipment is of sound condition, properly maintained and stored correctly.
- Health and Physical Education Coordinator is responsible for maintaining and purchasing equipment.
- Evaluations of programs including Life Education and Life Relationships programs.
- Training of all staff in Bluearth.

**Occupational Health & Safety**

When planning and teaching Physical Education lessons, teachers will ensure that the students are:

- Properly warmed up before strenuous exercise to prevent/help minimise injury.
- Using sporting equipment that is of sound condition to help prevent/minimise injury.
- Instructed on the correct technique and use of equipment.
- Supervised adequately at all times, with correct student to instructor ratios for excursions & water safety program.
- Sunsmart Policy (Broad brimmed hats to be worn during terms 1 & 4).
PE and Health Policy
Physical, Personal & Social Learning:
Physical Education & Health

Ratification Date: April, 2015

Principal Signature: ________________________________

School Board Chair Signature: ________________________________